

Research Articles: Behavioral/Cognitive

Diminished Cortical Thickness is Associated with Impulsive Choice in Adolescence

Marieta Pehlivanova^a, Daniel H. Wolf^b, Aristeidis Sotiras^c, Antonia Kaczurkin^b, Tyler M. Moore^b, Rastko Ciric^b, Philip A. Cook^c, Angel Garcia de La Garza^b, Adon Rosen^b, Kosha Ruparel^b, Anup Sharma^b, Russell T. Shinohara^d, David R. Roalf^b, Ruben C. Gur^{b,c}, Christos Davatzikos^c, Raquel E. Gur^{b,c}, Joseph W. Kable^a and Theodore D. Satterthwaite^b

^aDepartment of Psychology, University of Pennsylvania, Philadelphia, PA 19104, USA

^bDepartment of Psychiatry, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA 19104, USA

^cDepartment of Radiology, Perelman School of Medicine, University of Pennsylvania, Philadelphia, PA 19104, USA

^dDepartment of Biostatistics, Epidemiology, and Informatics, University of Pennsylvania, Philadelphia, PA 19104, USA

DOI: 10.1523/JNEUROSCI.2200-17.2018

Received: 2 August 2017

Revised: 8 January 2018

Accepted: 11 January 2018

Published: 12 February 2018

Author contributions: M.P., D.H.W., R.C.G., R.E.G., J.K., and T.S. designed research; M.P., A.K., A. Sharma, R.C.G., C.D., R.E.G., and T.S. performed research; M.P., A. Sotiras, T.M.M., R.C., P.C., A.G.d.L.G., A.R., K.R., R.T.S., and D.R.R. analyzed data; M.P., D.H.W., A. Sotiras, A.K., T.M.M., R.C., P.C., A.G.d.L.G., A.R., K.R., A. Sharma, R.T.S., D.R.R., R.C.G., C.D., R.E.G., J.K., and T.S. wrote the paper; A. Sotiras, A.K., T.M.M., R.C., P.C., A.G.d.L.G., A.R., K.R., R.T.S., D.R.R., C.D., J.K., and T.S. contributed unpublished reagents/analytic tools.

Conflict of Interest: The authors declare no competing financial interests.

We thank the acquisition and recruitment team, including Karthik Prabhakaran and Jeff Valdez. Thanks to Chad Jackson for data management and systems support and Monica Calkins for phenotyping expertise. Supported by grants from the National Institute of Mental Health: R01MH107703 (TDS). The PNC was funded through NIMH RC2 grants MH089983 and MH089924 (REG). Additional support was provided by MH098899 and DA029149 (JWK), K01MH102609 (DRR), R01MH101111 (DHW), R01-AG014971 and RF1-AG054409 (CD & AS), P50MH096891 (REG), R01NS085211 (RTS), R01MH107235 (RCG), the Dowshen Program for Neuroscience, and the Lifespan Brain Institute at the Children's Hospital of Philadelphia and Penn Medicine. Seed grant support by the Center for Biomedical Computing and Image Analysis (CBICA) was awarded for developing statistical analyses (RTS & TDS), as well as non-negative matrix factorization software (AS & TDS). We used images from the OASIS project, which was supported by the following grants: P50 AG05681, P01 AG03991, R01 AG021910, P20 MH071616, U24 RR021382.

Correspondence should be addressed to Please address correspondence to: Theodore D. Satterthwaite, M.D., 10th Floor, Gates Building, Hospital of the University of Pennsylvania, 34th and Spruce Street, Philadelphia, PA 19104, sattertt@upenn.edu

Cite as: J. Neurosci ; 10.1523/JNEUROSCI.2200-17.2018

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Word count, Abstract: 212 words
 Word count, Significance: 99 words
 Word count, Introduction: 623 words
 Word count, Discussion: 1,498 words
 Number of Tables: 1
 Number of Figures: 7
 Number of Pages: 46

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Marieta Pehlivanova,^a Daniel H. Wolf,^b Aristeidis Sotiras,^c Antonia Kaczurkin,^b Tyler M. Moore,^b
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 Raquel E. Gur,^{b,c} Joseph W. Kable,^{a*} & Theodore D. Satterthwaite^{b*}

^a Department of Psychology, University of Pennsylvania, Philadelphia, PA 19104, USA

^b Department of Psychiatry, Perelman School of Medicine, University of Pennsylvania,
 Philadelphia, PA 19104, USA

^c Department of Radiology, Perelman School of Medicine, University of Pennsylvania,
 Philadelphia, PA 19104, USA

^d Department of Biostatistics, Epidemiology, and Informatics, University of Pennsylvania,
 Philadelphia, PA 19104, USA

* Denotes shared last authorship

Abbreviated title: Neurostructural Markers of Adolescent Impulsivity

ACKNOWLEDGEMENTS: We thank the acquisition and recruitment team, including Karthik Prabhakaran and Jeff Valdez. Thanks to Chad Jackson for data management and systems support and Monica Calkins for phenotyping expertise. Supported by grants from the National Institute of Mental Health: R01MH107703 (TDS). The PNC was funded through NIMH RC2 grants MH089983 and MH089924 (REG). Additional support was provided by MH098899 and DA029149 (JWK), K01MH102609 (DRR), R01MH101111 (DHW), R01-AG014971 and RF1-AG054409 (CD & AS), P50MH096891 (REG), R01NS085211 (RTS), R01MH107235 (RCG), the Dowshen Program for Neuroscience, and the Lifespan Brain Institute at the Children's Hospital of Philadelphia and Penn Medicine. Seed grant support by the Center for Biomedical Computing and Image Analysis (CBICA) was awarded for developing statistical analyses (RTS & TDS), as well as non-negative matrix factorization software (AS & TDS). We used images from the OASIS project, which was supported by the following grants: P50 AG05681, P01 AG03991, R01 AG021910, P20 MH071616, U24 RR021382.

CONFLICT OF INTEREST: All authors report no conflicts of interest with the present work.

Please address correspondence to:

Theodore D. Satterthwaite, M.D.
 10th Floor, Gates Building
 Hospital of the University of Pennsylvania
 34th and Spruce Street
 Philadelphia, PA 19104
sattertt@upenn.edu

ABSTRACT: Adolescence is characterized by both maturation of brain structure and increased risk of negative outcomes from behaviors associated with impulsive decision-making. One important index of impulsive choice is delay discounting (DD), which measures the tendency to prefer smaller rewards available soon over larger rewards delivered after a delay. However, it remains largely unknown how individual differences in structural brain development may be associated with impulsive choice during adolescence. Leveraging a unique large sample of 427 human youths (208 males and 219 females) imaged as part of the Philadelphia Neurodevelopmental Cohort, we examined associations between delay discounting and cortical thickness within structural covariance networks. These structural networks were derived using non-negative matrix factorization, an advanced multivariate technique for dimensionality reduction, and analyzed using generalized additive models with penalized splines to capture both linear and nonlinear developmental effects. We found that impulsive choice, as measured by greater discounting, was most strongly associated with diminished cortical thickness in structural brain networks that encompassed the ventromedial prefrontal cortex, orbitofrontal cortex, temporal pole, and temporoparietal junction. Furthermore, structural brain networks predicted DD above and beyond cognitive performance. Taken together, these results suggest that reduced cortical thickness in regions known to be involved in value-based decision-making is a marker of impulsive choice during the critical period of adolescence.

SIGNIFICANCE: Risky behaviors during adolescence, such as initiation of substance use or reckless driving, are a major source of morbidity and mortality. In this study, we present evidence from a large sample of youths that diminished cortical thickness in specific structural brain networks is associated with impulsive choice. Notably, the strongest association between impulsive choice and brain structure was seen in regions implicated in value-based decision-making; namely, the ventromedial prefrontal and orbitofrontal cortices. Moving forward, such neuroanatomical markers of impulsivity may aid in the development of personalized interventions targeted to reduce risk of negative outcomes resulting from impulsivity during adolescence.

86 INTRODUCTION

87 Adolescence is marked by an increased vulnerability to risky behaviors, such as
88 tobacco, alcohol, and drug use, reckless driving, and unprotected sex (Eaton et al.,
89 2011). During this vulnerable period, the brain undergoes dramatic structural changes
90 (Giedd et al., 1999; Sowell et al., 2004). Some evidence suggests that risk during
91 adolescence is associated with differential maturation of brain regions related to reward
92 processing (such as the orbitofrontal cortex and ventral striatum) and those necessary
93 for cognitive control (such as the dorsolateral prefrontal cortex, dlPFC; Casey et al.,
94 2008; Van Leijenhorst et al., 2010). One of the most commonly used indices of
95 impulsive choice is delay discounting (DD)— a behavioral measure of impulsivity where
96 one chooses between a smaller reward delivered sooner, and a larger reward with a
97 longer delay (Kirby and Maraković, 1995; Peters and Büchel, 2011; Kable, 2013). Delay
98 discounting engages regions known to mature at different rates in adolescence,
99 including dlPFC (Peters and Büchel, 2011), orbitofrontal cortex, and ventral striatum
100 (Kable and Glimcher, 2007; Bartra et al., 2013). Increased DD has been proposed as a
101 framework for understanding substance abuse and other risky decisions as reflecting
102 impulsive choices of immediate rewards (Bickel et al., 2007). Indeed, studies of
103 adolescents show that higher impulsivity, as indexed by higher discounting, is
104 associated with increased smoking frequency (Reynolds, 2004), greater alcohol
105 consumption (Field et al., 2007), and predicts longitudinal increase in both smoking
106 (Audrain-McGovern et al., 2009) and alcohol use (Fernie et al., 2013).

107 At present, it remains relatively unknown how individual differences in structural
108 brain development may relate to DD in adolescents. Neuroanatomical studies in adults

109 are more numerous, but have yielded inconsistent results, perhaps due to small
 110 samples and focused region-of-interest analyses (for a review see Kable and Levy,
 111 2015). For example, it has been reported that greater DD (more impulsive choice) is
 112 associated with reduced gray matter volume in lateral prefrontal cortex (Bjork et al.,
 113 2009), superior frontal gyrus (Schwartz et al., 2010), and putamen (Dombrovski et al.,
 114 2012; Cho et al., 2013). Furthermore, greater DD has been associated with larger
 115 volume of the ventral striatum and posterior cingulate cortex (PCC, Schwartz et al.,
 116 2010), medial prefrontal regions and anterior cingulate cortex (ACC, Cho et al., 2013),
 117 as well as prefrontal cortex (Wang et al., 2016). One study of cortical thickness (CT) in
 118 adults revealed an association between higher DD and decreased CT in both medial
 119 prefrontal cortex and the ACC (Bernhardt et al., 2014). To our knowledge, there have
 120 been no neuroanatomical studies in adolescents that specifically examine the
 121 relationship between DD and cortical thickness. Notably, findings from adults may not
 122 necessarily extend to adolescents, given the dynamic re-modeling of brain structure that
 123 occurs during this critical period (Sowell et al., 2004).

124 Accordingly, here we investigated how individual differences in DD may be
 125 associated with differences in brain structure during adolescence. To do this, we
 126 capitalized on a large sample of 427 youths imaged as part of the Philadelphia
 127 Neurodevelopmental Cohort (Satterthwaite et al., 2014a; 2016). We delineated
 128 covariance networks of cortical thickness using a recently-developed application of non-
 129 negative matrix factorization for the multivariate analysis of high-dimensional
 130 neuroimaging data (Sotiras et al., 2015; 2017). We evaluated the association between
 131 DD and CT in each network, while specifically modeling both linear and nonlinear

developmental effects using penalized splines. We hypothesized that we would find associations between DD and CT in brain regions associated with reward processing, such as the ventromedial prefrontal cortex (vmPFC; Kable and Glimcher, 2007; Bartra et al., 2013), as well as regions subserving cognitive control (e.g. dlPFC). As described below, diminished CT in these as well as other networks was associated with impulsive choice, and predicted individual variation in DD above and beyond that explained by cognitive performance.

139

140 MATERIALS AND METHODS

141 *Participants and sample construction*

Participants were a subsample of 1,601 youths recruited as part of the Philadelphia Neurodevelopmental Cohort (PNC) who underwent neurocognitive assessment (Gur et al., 2010; 2012), as well as neuroimaging (Satterthwaite et al., 2014a; 2016). A sub-sample of PNC participants ($n = 453$) completed the delay discounting (DD) task. Of those, $n = 2$ did not pass the quality control criteria for the task (described below). Additionally, $n = 24$ participants were excluded for the following reasons: health conditions that could impact brain structure ($n = 19$), scanning performed more than 12 months from DD testing ($n = 1$), inadequate structural image quality ($n = 3$) or missing imaging data ($n = 1$). The remaining $n = 427$ participants constituted our final sample for analysis (mean age at scanning: 17.0 ± 3.2 years, age range: 9.3–24.3 years; 48.7%, $n = 208$ males).

153

154 *Delay discounting task*

155 The DD task consisted of 34 self-paced questions where the participant chose
 156 between a smaller amount of money available immediately or a larger amount available
 157 after a delay. This task was modeled after the work of Senecal et al. (2012). The
 158 smaller, immediate rewards ranged between \$10 and \$34 and were always displayed at
 159 the top of the computer screen. The larger, delayed rewards were fixed at \$25, \$30, or
 160 \$35, with the delays ranging between 1 and 171 days. Larger, delayed rewards were
 161 always displayed on the bottom of the screen. All rewards were hypothetical but
 162 participants were instructed to make decisions as if the choices were real. Discount
 163 rates based on hypothetical choices have shown no systematic differences from
 164 discount rates based on real rewards, in the same participants (Johnson and Bickel,
 165 2002). The set of choices was identical in content and order for all participants. The DD
 166 task was administered as part of an hour-long web-based battery of neurocognitive
 167 tests (Computerized Neurocognitive Battery, described below), on a separate day from
 168 the imaging session. The mean interval between the DD task and imaging was 0.44
 169 months with a SD of 1 month (range 0–8 months).

170 Discount rates from the delay discounting task were calculated assuming a
 171 hyperbolic discounting model of the form: $SV = A/(1+kD)$, where SV is the subjective
 172 value of the delayed reward, A is amount of the delayed reward, D is the delay in days,
 173 and k is the subject-specific discount rate (Mazur, 1987). We used the `fmincon`
 174 optimization algorithm in MATLAB (Mathworks, Natick, MA; RRID:SCR_001622) to
 175 estimate the best-fitting k from each participant's choice data. A higher k value indicates
 176 steeper discounting of delayed rewards and thus more impulsive choices. As the

177 distribution of discount rates is highly right-skewed, we used log-transformed k ($\log k$) in
178 all analyses.

179 We performed quality control to ensure that participants were not responding
180 randomly, and verified that their responses were a function of task variables which
181 should be relevant to the choice. Although a hyperbolic discounting model has been
182 shown to fit discounting data better than an exponential model (Kirby and Maraković,
183 1995), quality control was performed independently of assumptions about the shape of
184 the discount function. Specifically, each participant's responses were fit using a logistic
185 regression model, with predictors including the immediate amount, delayed amount,
186 delay, their respective squared terms, and two-way interaction terms. We assessed
187 goodness of fit of this model using the coefficient of discrimination (Tjur, 2009), and
188 discarded DD data from any participant who had a value of less than 0.20.

189

190 *Neurocognitive battery*

191 Cognition was assessed using the University of Pennsylvania Computerized
192 Neurocognitive Battery (Penn CNB, Gur et al., 2010; 2012) during the same session
193 that delay discounting was evaluated. Briefly, this hour-long battery consisted of 14
194 tests administered in a fixed order, evaluating aspects of cognition, including executive
195 control, episodic memory, complex reasoning, social cognition, and sensorimotor and
196 motor speed. Except for the motor tests that only measure speed, each test provides
197 measures of both accuracy and speed. Performance on the tests for each domain is
198 summarized as cognitive factors obtained with exploratory factor analysis with an
199 oblique rotation (Moore et al., 2015). Prior work has demonstrated that accuracy on this

200 battery can be parsimoniously summarized as either one overall cognitive performance
 201 factor or three domain-specific factors, including executive function and complex
 202 reasoning combined, social cognition, and episodic memory (Moore et al., 2015).
 203 Associations between DD and factor scores for each of these dimensions were
 204 analyzed, as described below.

205

206 *Image acquisition and quality assurance*

207 Image acquisition and processing are reported in detail elsewhere (Satterthwaite
 208 et al., 2014a; 2016). Briefly, all data were acquired on a single scanner (Siemens TIM
 209 Trio 3 Tesla, Erlangen, Germany; 32-channel head coil) using the same imaging
 210 sequences for all participants. Structural brain scanning was completed using a
 211 magnetization- prepared, rapid acquisition gradient- echo (MPRAGE) T1- weighted
 212 image with the following parameters: TR 1810 ms; TE 3.51 ms; FOV 180x240 mm;
 213 matrix 192x256; 160 slices; slice thickness/gap 1/0 mm; TI 1100 ms; flip angle 9
 214 degrees; effective voxel resolution of 0.93 x 0.93 x 1.00 mm; total acquisition time 3:28
 215 min.

216

217 *Image quality assurance*

218 T1 image quality was independently assessed by three expert image analysts;
 219 for full details of this procedure see Rosen et al. (2017). Briefly, prior to rating images,
 220 all three raters were trained to >85% concordance with faculty consensus rating on an
 221 independent training sample of 100 images. Each rater evaluated every raw T1 image
 222 on a 0—2 Likert scale, where unusable images were coded as “0”, usable images with

223 some artifact were coded as “1”, and images with none or almost no artifact were coded
 224 as “2”. All images with an average rating of 0 were excluded from analyses ($n = 3$); of
 225 the remaining images in the final sample $n = 2$ had an average manual rating of 0.67, n
 226 = 16 were rated as 1, $n = 16$ were rated as 1.33, $n = 35$ were rated as 1.67, and the
 227 remaining $n = 358$ had an average rating of 2. As described below, these average
 228 manual quality ratings were included in sensitivity analyses. In addition, we examined
 229 the distribution of cortical thickness values within anatomically defined regions created
 230 using a multi-atlas labeling technique (see below). For each region, we created a
 231 distribution of thickness values; subjects with a cortical thickness value >2 SD from the
 232 mean were flagged for that region. This procedure was repeated for all 98 cortical
 233 regions, and the number of flags was summed across regions; this summarized the
 234 number of regions per subject that had an outlying value. Subjects with >2.5 S.D.
 235 number of regional outliers were flagged for manual re-evaluation. Notably, this
 236 extensive post-processing QA procedure did initially identify 1 subject who failed the
 237 ANTs CT procedure. For this subject, minor parameter adjustments were made and the
 238 procedure was re-run, resulting in no subjects with major processing errors that required
 239 exclusion. Beyond this participant, there was no other manual intervention into
 240 standardized image processing procedures.

241

242 *Image processing and cortical thickness estimation*

243 Structural image processing for estimating cortical thickness (CT) used tools
 244 included in Advanced Normalization Tools (ANTs, Tustison et al., 2014;
 245 RRID:SCR_004757). In order to avoid registration bias and maximize sensitivity to

246 detect regional effects that can be impacted by registration error, a custom adolescent
 247 template and tissue priors were created. Structural images were then processed and
 248 registered to this template using the ANTs CT pipeline (Tustison et al., 2014). This
 249 procedure includes brain extraction, N4 bias field correction (Tustison et al., 2010),
 250 Atropos probabilistic tissue segmentation (Avants et al., 2011a), the top-performing SyN
 251 diffeomorphic registration method (Klein et al., 2010; Avants et al., 2011b;
 252 RRID:SCR_004757), and direct estimation of cortical thickness in volumetric space
 253 (Das et al., 2009). Large-scale evaluation studies have shown that this highly accurate
 254 procedure for estimating CT is more sensitive to individual differences over the lifespan
 255 than comparable techniques (Tustison et al., 2014). CT images were down-sampled to
 256 2 mm voxels before applying non-negative matrix factorization, but no additional
 257 smoothing was performed.

258

259 *Non-negative matrix factorization*

260 Cortical thickness was estimated as described above over the entire cortical
 261 surface. We sought to reduce CT in our sample into fewer dimensions, for two reasons.
 262 First, an efficient summary of CT data would allow us to evaluate only a small number of
 263 associations, rather than conduct voxel-wise inference that may be vulnerable to
 264 substantial Type I error (Eklund et al., 2016). Second, and importantly, prior work has
 265 shown that there are inherent patterns of covariance in CT (Zielinski et al., 2010;
 266 Alexander-Bloch et al., 2013; Sotiras et al., 2015; 2017), and analyzing the data
 267 according to this covariance structure may enhance interpretability.

268 Accordingly, we achieved both goals by using non-negative matrix factorization
 269 (NMF) to identify structural networks where cortical thickness co-varies consistently
 270 across individuals and brain regions (Sotiras et al., 2015). NMF has previously been
 271 shown to yield more interpretable and reproducible components than other
 272 decomposition techniques such as Principal Component Analysis or Independent
 273 Component Analysis (Sotiras et al., 2015; 2017). In contrast to the other techniques,
 274 NMF only yields compact networks with positive weights, which facilitates interpretation
 275 of effects.

276 The NMF algorithm takes as input a matrix X containing voxel-wise CT estimates
 277 (dimensions: 128,155 voxels x 427 participants), and approximates that matrix as a
 278 product of two matrices with non-negative elements: $X \cong BC$ (**Figure 1**). The first matrix,
 279 B , is of size $V \times K$ and contains the estimated non-negative networks and their
 280 respective loadings on each of the V voxels, where K is the user-specified number of
 281 networks. The B matrix (“CT loadings”) is composed of coefficients that denote the
 282 relative contribution of each voxel to a given network. These non-negative coefficients
 283 of the decomposition by necessity represent the entirety of the brain as a subject-
 284 specific addition of various parts. The second matrix, C , is of size $K \times N$ and contains
 285 subject-specific scores for each network. These subject-specific scores (“CT network
 286 scores”) indicate the contribution of each network in reconstructing the original CT map
 287 for each individual, and were evaluated for associations with DD as described below.
 288 We examined multiple NMF solutions ranging from 2 to 30 networks (in steps of 2) and
 289 calculated reconstruction error for each solution as the Frobenius norm between the CT
 290 data matrix and its NMF approximation (Sotiras et al., 2015; 2017). The optimal number

291 of components was chosen based on the elbow of the gradient of the reconstruction
 292 error, such that the solution is adequate to model the structure of the data without
 293 modeling random noise (Sotiras et al., 2017). Network loadings were visualized on the
 294 inflated Population-Average, Landmark-, and Surface-based (PALS) cortical surfaces
 295 (Van Essen, 2005; RRID:SCR_002099) using Caret software (Van Essen et al., 2001;
 296 RRID:SCR_006260).

297

298 *Regional parcellation using multi-atlas segmentation*

299 In order to demonstrate that our results are robust to methodological variation,
 300 we also derived CT estimates in anatomically-defined regions of interest. We used a
 301 top-performing multi-atlas labelling approach to parcellate the brain into anatomical
 302 regions. This procedure has proven advantages over standard single-atlas approaches
 303 and has won open analysis challenges (Wang et al., 2012). Specifically, we used 24
 304 young adult T1 images from the OASIS dataset (Marcus et al., 2007;
 305 RRID:SCR_007385), which have been manually labeled by Neuromorphometrics, Inc.
 306 (<http://Neuromorphometrics.com/>; RRID:SCR_005656). These images were each
 307 registered to each participant's T1 image again using the top-performing SyN
 308 diffeomorphic registration method included in ANTs (Klein et al., 2010; Avants et al.,
 309 2011b; RRID:SCR_004757). Finally, a joint label fusion algorithm was used to
 310 synthesize the multiple warped atlas-labeled images into a final segmentation consisting
 311 of 98 gray matter regions (Wang et al., 2012). Mean thickness was calculated within
 312 each of these regions, and evaluated in group-level analyses identical to those
 313 conducted for NMF-derived networks, as described below.

314

315 *Experimental design and statistical analysis*

316 To examine associations between DD and brain structure, we used a cross-
 317 sectional sample of youths recruited as part of a large neurodevelopmental study. Brain
 318 development is frequently a nonlinear process (Giedd et al., 1999; Lenroot et al., 2007;
 319 Satterthwaite et al., 2014b). In order to capture both linear and nonlinear age effects, we
 320 modeled age with a penalized spline within Generalized Additive Models (GAMs; Wood,
 321 2004; 2011; Vandekar et al., 2015). In this type of model, a penalty is assessed on
 322 nonlinearity using restricted maximum likelihood in order to avoid overfitting. GAMs
 323 were implemented in the R package ‘mgcv’

324 (<https://cran.r-project.org/web/packages/mgcv/index.html>; RRID:SCR_001905).

325 GAMs were first used to test for associations between DD and demographic
 326 variables such as age and sex. Next, we evaluated the association between DD and
 327 cognitive performance (as summarized by the overall cognitive performance factor and
 328 three domain-specific factor scores described above), while co-varying for sex and age.
 329 In both sets of analyses, DD was used as the dependent variable. Finally, univariate
 330 associations between DD and NMF-derived structural covariance networks were
 331 evaluated, with CT scores as the dependent variables and controlling for sex and age.
 332 Interactions between DD and age were evaluated but were not found to be significant,
 333 and were thus not included in the univariate models. To control multiple testing across
 334 either cognitive factors or structural covariance networks, we used the False Discovery
 335 Rate (FDR, $Q < 0.05$; Benjamini and Hochberg, 1995).

336 In order to ensure that our results were not driven by potentially confounding
337 factors, we conducted several sensitivity analyses. First, to ensure that our results were
338 not driven by socio-economic status (SES), non-specific neurostructural effects, data
339 quality or general cognitive abilities, we repeated these analyses while including
340 maternal education, total brain volume, mean image quality rating, and the overall
341 cognitive performance factor as model covariates in separate models. Second, we
342 repeated our analyses while excluding participants who were taking a psychotropic
343 medication at the time of scan ($n = 52$) or for whom medication data was not available
344 ($n = 3$) to ensure that these participants did not bias the observed results.

345

346 *Multivariate analyses*

347 The analyses described above examined univariate associations between each
348 structural covariance network and DD. As a final step, we also investigated the
349 multivariate predictive power of all cortical networks considered simultaneously, over
350 and above that of two reduced models that included only demographics and non-neural
351 correlates of DD (specifically, cognitive performance or maternal education). The first
352 full model predicted DD using all 19 NMF networks, as well as age, sex, and the
353 cognitive factors that were significantly associated with DD. The second full model
354 predicted DD using all 19 NMF networks, as well as demographic variables including
355 age, sex, and maternal education. These full models were compared to the reduced
356 models (without the CT networks) using F-tests.

357

358

359 RESULTS

360 *Impulsive choice is associated with reduced cognitive performance*

361 Mean discount rate in our sample was 0.073 ± 0.088 . Delay discounting was not
 362 related to demographic variables including age ($p = 0.387$). There was a non-significant
 363 trend toward more impulsive discounting in males ($p = 0.07$), and this trend was most
 364 prominent at younger ages (age by sex interaction: $p = 0.09$). In contrast, delay
 365 discounting was significantly associated with cognitive performance: youth who had
 366 higher discount rates also tended to have lower overall cognitive performance (partial r
 367 $= -0.26$, $p < 0.0001$). Follow-up analyses with a three-factor model describing specific
 368 cognitive domains revealed that this effect was driven primarily by an association with a
 369 combined executive functioning and complex reasoning factor (partial $r = -0.29$, $p <$
 370 0.0001). Greater discounting was also associated with diminished memory accuracy
 371 (partial $r = -0.20$, $p < 0.0001$), whereas there was no significant relationship between DD
 372 and social cognition (partial $r = -0.08$, $p = 0.10$).

373

374 *Non-negative matrix factorization identifies structural covariance networks*

375 Next, we sought to identify structural covariance networks in CT using NMF.
 376 NMF provides a data-driven way to identify structural covariance networks, where
 377 cortical thickness varies in a consistent way across individuals. As NMF identifies
 378 structural networks at a resolution set by the user, we examined solutions ranging from
 379 2 to 30 networks (in steps of 2). As expected, reconstruction error consistently
 380 decreased as the number of networks increased. Similar to previous applications of this

381 method (Sotiras et al., 2015), reconstruction error stabilized at 20 networks (**Figure 2**).

382 Accordingly, the 20-network solution was used for all subsequent analyses (**Figure 3**).

383 As in prior work using NMF (Sotiras et al., 2017), the structural covariance
 384 networks identified were highly symmetric bilaterally. Networks included specific cortical
 385 regions that are relevant to reward processing and decision-making, such as
 386 ventromedial prefrontal cortex (vmPFC) and orbitofrontal cortex (OFC). Notably, when
 387 combined, several of the networks corresponded to aspects of functional brain
 388 networks. For example, networks 1 and 3 loaded on ACC and anterior insula,
 389 respectively, similar to the “salience network” (Seeley et al., 2007). Furthermore,
 390 specific networks defined lower-order systems, including motor (network 11) and visual
 391 (network 12) cortex. The 20-network solution also included a noise component (network
 392 17), which was subsequently excluded from all analyses, resulting in 19 networks
 393 evaluated in total.

394

395 *Greater delay discounting is associated with diminished cortical thickness*

396 Having identified 19 interpretable structural covariance networks using NMF, we
 397 next examined associations with DD while controlling for sex as well as linear and
 398 nonlinear age effects using penalized splines. Univariate analyses revealed that there
 399 was a significant association (after FDR correction) in eleven networks (**Table 1**). In
 400 each of these networks, impulsive choice, indicated by high discount rates, was
 401 associated with diminished cortical thickness. Notably, the strongest effects were found
 402 in two networks comprised of the ventromedial prefrontal cortex and orbitofrontal cortex,
 403 both regions known to be critical for reward-related decision-making. These two

networks also included parts of the temporal pole and temporoparietal junction, TPJ (networks 14 and 15; **Figure 4**). Other networks where DD was associated with reduced CT included the temporal poles (network 9), lateral (network 8) and posterior temporal (network 20) lobes, dorsolateral prefrontal cortex (network 18), insula (network 3), fusiform gyrus (network 7), fronto-parietal cortex (network 11), and visual cortex (network 12).

Association between cortical thickness and delay discounting is independent of age-related changes in cortical thickness

Having established that individual differences in DD are associated with CT, we next examined whether this effect was moderated by age. Notably, there was no significant age by DD interaction in any network (median $p = 0.77$, range: 0.09—0.94). Thus, age-related changes in CT were similar in both high and low discounters, but those with higher discount rates had thinner cortex across the age range examined (**Figure 5**).

Sensitivity analyses provide convergent results

We conducted sensitivity analyses to evaluate potentially confounding variables including maternal education, total brain volume, image data quality, general cognitive abilities, and psychotropic medications. First, we examined if the results could be explained by differences in maternal education, a proxy of socioeconomic status. Discount rate was significantly associated with maternal education (partial $r = -0.164$, $p = 0.0007$), but including it in the model did not have a great impact on results.

Specifically, 7 of 11 networks found to be related to DD remained FDR-significant, including the vmPFC and OFC networks; the other 4 networks trended towards significance ($p_{\text{fdr}} < 0.067$). Second, we examined the effect of total brain volume on our findings. After adding total brain volume as a covariate, 10 of 11 networks remained FDR-significant for association with DD, with the remaining network showing a trend towards FDR-significance ($p_{\text{fdr}} = 0.0762$). Third, we included mean image quality rating (averaged across three expert raters) as a model covariate. Despite the fact that data quality was significantly related to discount rate (Spearman's partial $\rho = -0.159$, $p = 0.001$), 7 of 11 networks continued to have an FDR-significant association after inclusion of this covariate (including the vmPFC and OFC networks), and 3 out of 11 networks had FDR-corrected p-values of < 0.10 . Fourth, we examined the effect of cognitive abilities, as measured by the overall cognitive performance factor. After including this variable as a covariate, 5 of 11 networks related to DD remained FDR-significant, including networks spanning the vmPFC, OFC, insula, and inferior temporal lobe. Finally, we repeated this analysis after excluding 52 participants who were taking psychotropic medication at the time of scan and 3 participants for whom medication data were missing. Despite the reduced power of this smaller sample, 10 of 11 networks remained FDR-significant, with the final network showing a trend towards significance ($p_{\text{fdr}} = 0.0503$).

Analyses with anatomically defined regions yield convergent results

To evaluate the robustness of the relationship between DD and CT to methodological variation, we also examined associations within 98 anatomically-based

regions. Univariate analyses controlling for sex and age revealed significant negative associations between DD and CT in 24 of these regions (**Figure 6**). Consistent with the previously described NMF results, impulsive choice— indexed by greater discounting— was associated with diminished cortical thickness in medial frontal cortex, orbitofrontal cortex, fusiform gyrus, frontal and temporal poles, insular cortex, middle and superior temporal gyri, precentral gyrus, and occipital cortex.

Covariance networks provide improved prediction of DD over demographic and cognitive data

The univariate analyses described above demonstrated that reduced CT in several structural covariance networks is associated with impulsive choice. Next, we tested whether a multivariate model including all structural networks could accurately predict DD on an individual basis. Delay discounting predicted from a model of CT scores in all 19 networks, as well demographic data (age and sex), was significantly correlated with actual delay discounting behavior ($r = 0.33$, $p < 0.0001$; **Figure 7**). Adding CT scores to a reduced model with demographics alone improved model fit ($F_{(405,424)} = 2.37$, $p = 0.001$); DD predicted from this reduced model with demographics only achieved a correlation of 0.097 ($p = 0.043$) with actual log k values.

Importantly, CT data also improved prediction above and beyond that achieved by cognitive predictors: adding CT scores to a model with cognitive performance as well as demographics improved the model fit ($F_{(403,422)} = 1.63$, $p = 0.047$). DD predicted from the reduced model with just demographics and cognition achieved a correlation of 0.31 ($p < 0.0001$) between model-predicted and actual log k values, compared to a

correlation of 0.40 ($p < 0.0001$) from a complete model including CT data, cognitive data, and demographics. Furthermore, CT networks also improved prediction above and beyond that achieved by maternal education, a proxy of socioeconomic status, which was correlated with DD ($F_{(401,420)} = 1.97$, $p = 0.009$). DD predicted from a model with demographic variables such as age, sex, and maternal education achieved a correlation of 0.19 ($p < 0.0001$) between predicted and actual k values, while k values estimated from the full model with CT data, demographics, and maternal education achieved a correlation of 0.34 ($p < 0.0001$) with actual k values.

DISCUSSION

We examined associations between delay discounting and cortical thickness networks in a large adolescent sample. More impulsive preferences, as indexed by higher discounting, were associated with diminished CT in multiple networks. The strongest effects were found in OFC, vmPFC, temporal pole, and the TPJ. Associations between DD and brain structure did not vary over the age range studied, and could not be explained by confounding variables. Furthermore, consideration of structural networks improved prediction of DD above and beyond demographic and cognitive variables.

Structural covariance networks related to DD overlap with known functional networks

Greater discounting was associated with decreased cortical thickness in multiple structural networks. Relative to previous reports of both neurofunctional and neurostructural correlates of DD (Peters and Büchel, 2011; Bernhardt et al., 2014;

496 Kable and Levy, 2015), the effects we observed were fairly widespread across the
 497 brain. Notably, many of the regions encompassed by these networks correspond to
 498 findings from previous studies in adults, including functional networks known to be
 499 involved in DD. As hypothesized, we found associations between DD and CT in central
 500 elements of the valuation network, namely vmPFC (Bartra et al., 2013), the cognitive
 501 control network, including dlPFC (Peters and Büchel, 2011; Stanger et al., 2013), and
 502 the prospection network, involving medial temporal cortex (Peters and Büchel, 2011).
 503 While DD and CT relationships have not previously been evaluated in adolescents, one
 504 prior study documented diminished thickness in the ACC and medial PFC in association
 505 with greater DD in adults (Bernhardt et al., 2014). In addition to hypothesized effects,
 506 we also found associations between DD and CT in motor, somatosensory, and both
 507 early and higher-order visual cortices. Notably, when these effects were evaluated
 508 jointly in a multivariate model, CT networks enhanced prediction of DD above and
 509 beyond demographic and cognitive variables. This result contributes to efforts in
 510 neuroeconomics to improve prediction of decision-making behavior using brain-based
 511 measures obtained independently of the behavior itself (Kable and Levy, 2015), and
 512 suggests that structural covariance networks may be a useful marker of impulsive
 513 choice in youth.

514

515 *Results converge with data from lesion and neuromodulation studies*

516 Although the negative associations between DD and CT were widespread and
 517 distributed, two structural covariance networks exhibited particularly strong associations
 518 with DD. Brain regions comprising these networks included vmPFC, OFC, temporal

519 pole, and the TPJ. As mentioned above, our findings in vmPFC were expected based
 520 on substantial evidence from fMRI studies that this region is implicated in DD (Kable
 521 and Glimcher, 2007; Ballard and Knutson, 2009; Bartra et al., 2013). Furthermore,
 522 activity in vmPFC when merely thinking about the future predicts DD, such that lower
 523 discounters show greater activity when thinking about the far future (Cooper et al.,
 524 2013). Finally, consistent with our results, a study in adults reported that diminished CT
 525 in that region was associated with higher DD (Bernhardt et al., 2014).

526 Beyond the vmPFC, evidence suggests that regions including the OFC, temporal
 527 pole, and TPJ are both involved in and necessary for evaluating future outcomes in DD.
 528 First, lesion studies in patients with medial OFC damage show greater discounting of
 529 both primary and secondary rewards, compared to healthy controls and non-frontal
 530 damage patients (Sellitto et al., 2010), and this is the only region where injuries have
 531 been reported to increase discounting in humans. Notably, this relationship is dose-
 532 dependent, such that larger frontal lesions are associated with steeper discounting.
 533 Second, patients with semantic dementia, a disorder characterized by anterior temporal
 534 lobe atrophy, show greater discounting than controls (Chiong et al., 2015). Third, while
 535 the TPJ has typically been implicated in social cognition and theory of mind, recent data
 536 suggests that it also plays a role in both monetary and social discounting (Strombach et
 537 al., 2015; Soutschek et al., 2016). Importantly, disrupting the TPJ in healthy adults using
 538 transcranial magnetic stimulation increases discounting (Soutschek et al., 2016).
 539 Collectively, this evidence suggests that the disruption of OFC, anterior temporal lobe,
 540 and TPJ may promote impulsive choice.

541

542 *Associations with delay discounting are independent of age-related changes*

543 While we replicated prior findings of association between lower discounting and
544 higher IQ (Shamosh and Gray, 2008) and working memory (Shamosh et al., 2008), we
545 did not find significant associations between DD and age (Scheres et al., 2006;
546 Steinberg et al., 2009). This may be due to differences in sample composition, including
547 relatively less dense sampling of younger ages and use of a dimensional rather than a
548 stratified design that compared older and younger age groups. However, the lack of
549 observed age effect is consistent with a recent review noting that age effects on DD are
550 inconsistent and of a relatively small effect size (Romer et al., 2017). Notably, the
551 association between brain structure and DD was stable across the entire age range
552 surveyed in our sample. This result is consistent with a prior study of DD in adolescents
553 and white matter integrity assessed using diffusion imaging (Olson et al., 2009).
554 Together, these results imply that individual differences in brain structure associated
555 with impulsive choice do not emerge specifically during adolescence. These results may
556 also suggest that such individual differences in brain structure may emerge early in
557 development, consistent with literature describing the importance of structural brain
558 development in utero, during the peri-natal period, and during early childhood
559 (Thomason et al., 2013; Di Martino et al., 2014). While speculative, future research may
560 reveal that individual differences in brain structure which emerge early in life may impact
561 evolving patterns of value and cognitive control system function in adolescence which,
562 in turn, may contribute to impulsivity during this critical period (Casey et al., 2008; Bjork
563 et al., 2010).

564

565 *Advantages of evaluating structural covariance networks in a large sample*

566 The greater spatial extent of observed significant associations between brain
 567 structure and DD compared to prior results may be due to several aspects of our study.
 568 First, the large sample size afforded greater statistical power, and thus greater
 569 sensitivity, to detect effects in multiple networks. While the effect sizes of these
 570 associations were small, research documenting inflation of effect sizes in small studies
 571 suggests that our results are more likely to be an accurate reflection of the true effect
 572 size than data from modest samples (Button et al., 2013). Second, structural covariance
 573 networks defined by NMF provided a parsimonious summary of the high-dimensional
 574 imaging data. In contrast to anatomic atlases based on sulcal folding patterns, NMF
 575 identifies structural networks based on patterns of covariance in the data itself. This
 576 concise summary of the data limited multiple comparisons: we only evaluated 19
 577 networks in our analyses, in contrast to the hundreds of thousands of voxels typically
 578 surveyed in mass-univariate voxel-based morphometry studies. This allowed us to use
 579 a rigorous FDR correction for all comparisons, rather than cluster-based inference that
 580 may produce substantial Type I error rates in many common implementations (Eklund
 581 et al., 2016).

582

583 *Limitations*

584 Certain limitations of this study should be noted. First, the observed effects were
 585 independent of age, suggesting that differences in brain structure associated with
 586 impulsive choice may emerge earlier than the examined age range. Future
 587 investigations should consider longitudinal designs including early childhood to precisely

capture the emergence of these effects. Second, we used hypothetical instead of real rewards in the DD task. However, prior studies have yielded similar results in both behavioral (Johnson and Bickel, 2002) and functional neuroimaging paradigms (Bickel et al., 2009). Third, we cannot completely rule out potential confounding variables which may be correlated with DD. Previous studies have described associations between CT and SES in adolescence (Mackey et al., 2015), though importantly our results remained largely unaffected after controlling for maternal education, a proxy of SES. Fourth, while the ANTs DiReCT method of quantifying CT has been shown as highly accurate and more discriminative than comparable techniques in large-scale evaluation studies (Tustison et al., 2014), it does not allow high-resolution voxel-wise analyses or provide information (such as surface area) regarding potentially important subcortical structures.

599

600 *Conclusions and future directions*

Understanding impulsive choice in adolescence is important because impulsivity is associated with a host of risky behaviors and outcomes, such as tobacco use (Reynolds, 2004), alcohol use (Fernie et al., 2013), obesity (Fields et al., 2013), and early sexual initiation (Khurana et al., 2012), which lead to substantial morbidity and mortality during adolescence. Leveraging a large developmental sample and advanced analytics, we found that individual variability in brain structure explains differences in DD in adolescence. Taken together, our results indicate that higher DD in youth is associated with reduced cortical thickness in multiple networks, including those known to be essential for valuation. These results emphasize that risky behaviors in adolescents should be considered in the context of individual differences of structural

611 brain networks that are present early in life. Moving forward, such brain-based
612 measures could potentially be used as biomarkers to identify youth at particularly high
613 risk for negative outcomes. Future studies should evaluate associations between DD,
614 brain structure, and psychopathology. Such efforts could potentially aid in stratifying
615 youth within targeted clinical trials aiming to reduce impulsivity and risk-taking behaviors
616 during this critical period.

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TABLES

Table 1. Association between delay discounting and NMF-derived structural covariance networks. β (unstandardized regression coefficient), SE (β 's standard error), t (t -value for testing β against 0, $dfs = 423$), p -value, and FDR-corrected p -values are obtained from separate general additive models run for each network. In this model, discount rate ($\log k$) predicts cortical thickness scores, controlling for age (fit as a penalized spline) and sex. As an estimate of the linear effect size, r is the partial Pearson's correlation coefficient between discount rate and CT scores in each network, while adjusting for linear age, quadratic age, and sex.

FIGURES

Figure 1. Schematic of non-negative matrix factorization and example data for each matrix. The X matrix represents the cortical thickness data (columns) for all subjects (rows); the CT map shows example CT data from one participant, and corresponds to a column in the X matrix. The B matrix represents estimated networks (columns) and their loadings on each voxel (rows); the example map shows loadings from one network, and corresponds to a column in the B matrix. The C matrix provides the subject-specific weights (columns) for each network (rows); the histogram shows CT scores in a single network, and corresponds to a row in the C matrix. Matrix sizes are shown with following dimensions: V = number of cortical thickness voxels, N = number of participants; K = number of networks.

Figure 2. NMF reconstruction error identifies 20 cortical networks as the optimal resolution for cortical thickness data. Plot of reconstruction error gradient for NMF at multiple resolutions; the gradient is the difference in reconstruction error as the NMF solution increases by 2 networks. Blue circle indicates selected NMF solution of 20 networks.

Figure 3. Structural covariance networks delineated by NMF. Visualization of structural covariance networks from the 20-network NMF solution. The spatial distribution of each network is indicated by loadings at each voxel in arbitrary units (from B matrix in NMF factorization); warmer colors represent higher loadings. For each network, we show one view that best captures the main area(s) of coverage. Approximate anatomical coverage of each structural covariance network: 1) medial prefrontal cortex and cingulate cortex; 2) medial temporal lobe; 3) insula; 4) medial posterior parietal cortex, including the precuneus; 5) temporo-occipital cortex; 6) dorsolateral prefrontal cortex (dlPFC); 7) fusiform gyrus; 8) lateral temporal lobe; 9) lateral temporal lobe and temporal pole; 10) posterior cingulate cortex and temporal lobe; 11) frontal and parietal cortex, including primary motor and somatosensory cortices; 12) occipital cortex; 13) medial temporal cortex, anterior cingulate cortex (ACC) and posterior cingulate cortex (PCC); 14) orbitofrontal cortex (OFC), frontal and temporal poles; 15) ventromedial prefrontal cortex (vmPFC), inferior temporal lobe, auditory cortex, temporoparietal junction (TPJ); 16) dorsal OFC; 17) the dura matter, a

noise component that was not evaluated further; 18) dIPFC; 19) angular and supramarginal gyri; 20) posterior inferior temporal lobe.

Figure 4. Higher discounting is associated with diminished cortical thickness in frontal, temporal, and parietal areas. Regions of FDR-significant association between log k and structural covariance networks. The composite network visualization was obtained by assigning each voxel to the network which has the highest loading for that voxel (from the B matrix), across all 19 networks. Maximal effects were observed in Networks 14 and 15, which included orbitofrontal cortex and ventromedial prefrontal cortex. Scatterplots for log k -CT association in these networks are shown, while adjusting for model covariates. Gray envelope represents the 95% confidence interval.

Figure 5. Association between cortical thickness and delay discounting is independent of age. Scatterplots for relationship between age and CT in networks 14 and 15, separated by top (Q4) and bottom (Q1) quartiles of log k . The Q4 quartile group contains participants with the most impulsive preferences. For each quartile, the age-CT relationship is shown after adjusting for model covariates, and includes the 95% confidence intervals (gray envelopes).

Figure 6. Higher discounting is associated with diminished regional cortical thickness in frontal and temporal regions. FDR-significant associations between log k and CT estimated in anatomically-defined regions. Significant regions include the following: left frontal pole (1); left medial orbital gyrus (2); left orbital part of the inferior frontal gyrus (3); left posterior orbital gyrus (4); left precentral gyrus (5); left central operculum (6); left temporal pole (7); left superior temporal gyrus (8); left superior frontal gyrus, medial segment (9); left medial frontal cortex (10); left gyrus rectus (11); left fusiform gyrus (12); left planum polare (13); right frontal pole (14); right medial orbital gyrus (15); right central operculum (16); right temporal pole (17); right superior temporal gyrus (18); middle temporal gyrus (19); right inferior occipital gyrus (20); right precentral gyrus, medial segment (21); right cuneus (22); right posterior insula (23); right planum temporale (24).

Figure 7. CT data from structural covariance networks predicts delay discounting. Scatterplot for relationship between actual log k values and predicted log k from multivariate CT prediction. Multivariate prediction is based on CT scores from all structural covariance networks plus demographic variables: sex and age. Scatterplots include line of best fit for this association with a 95% confidence interval (gray envelope).

Network	β	SE	t	p	$FDR-p$	r
Ntwk 1	-0.649	0.3946	-1.64	0.101	0.137	-0.080
Ntwk 2	-0.0138	0.4217	-0.03	0.974	0.974	0.002
Ntwk 3	-1.5868	0.5606	-2.83	0.005	0.019	-0.136
Ntwk 4	-0.4337	0.6414	-0.68	0.499	0.527	-0.033
Ntwk 5	-0.9959	0.4811	-2.07	0.039	0.062	-0.100
Ntwk 6	-0.8277	0.5337	-1.55	0.122	0.154	-0.075
Ntwk 7	-1.1428	0.4359	-2.62	0.009	0.024	-0.126
Ntwk 8	-1.1598	0.4562	-2.54	0.011	0.024	-0.123
Ntwk 9	-0.7926	0.3580	-2.21	0.027	0.047	-0.110
Ntwk 10	-0.3748	0.3055	-1.23	0.221	0.262	-0.060
Ntwk 11	-1.1527	0.4669	-2.47	0.014	0.027	-0.119
Ntwk 12	-1.5839	0.6164	-2.57	0.011	0.024	-0.124
Ntwk 13	-1.173	0.4283	-2.74	0.006	0.02	-0.132
Ntwk 14	-2.019	0.4241	-4.76	<0.0001	<0.0001	-0.225
Ntwk 15	-1.257	0.3036	-4.14	<0.0001	<0.0001	-0.200
Ntwk 16	-0.4404	0.4371	-1.01	0.314	0.351	-0.050
Ntwk 18	-1.252	0.4305	-2.91	0.004	0.018	-0.140
Ntwk 19	-0.7172	0.3713	-1.93	0.054	0.079	-0.094
Ntwk 20	-0.8778	0.3014	-2.91	0.004	0.018	-0.140













